THE BOARD OF COUNTY COMMISSIONERS Boise County STATE OF IDAHO PROCLAMATION

Mental Health Awareness Month - May 2025

WHEREAS, Mental health influences the wellbeing and quality of life for all Idahoans and is integral to building and maintaining a meaningful and healthy life and thriving communities; and

WHEREAS, the State of Idaho's Behavioral Health Plan ensures behavioral health services are easier to access and navigate for individuals and families; and

WHEREAS, across Idaho's seven regional crisis centers, services were provided to a total of 10,207 clients in fiscal year 2024; and

WHEREAS, numerous Idaho Behavioral Health Boards reported that the Idahoans they serve need better access to behavioral health treatment providers, especially in rural areas; and

WHEREAS, 2024 was the busiest year for the Idaho Crisis and Suicide Hotline in their 12-year history. They responded to 26,567 crisis contacts (calls, texts, and chats) in 2024, a 13% increase from the calendar year 2023; and

WHEREAS, recovery and hope are possible for those living with mental illness. Idahoans and their family members deserve access to affordable care and treatment; and

WHEREAS, education and awareness about mental health conditions and substance use disorders decrease stigma and promote a culture of compassion and treatment; and

WHEREAS, providing access to mental health care supports the wellbeing of all Idahoans, enables individuals to be productive members of their communities, and saves taxpayer dollars by preventing unnecessary use of emergency services, and results in lives saved and brighter futures.

NOW, THEREFORE, BE IT RESOLVED THAT we, the Boise County Board of Commissioners, do hereby proclaim the month of May 2025 as

Mental Health Awareness Month

And call upon the citizens, government agencies, public and private institutions, and schools in Boise County to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

IN WITNESS WHEREOF, on this sixth day of May, two thousand and

twenty-five.

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