



BOISE COUNTY

PROCLAMATION #2024-01 A BOISE COUNTY PROCLAMATION DECLARING MAY 2024 MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health includes our emotional, psychological, and social well-being; including how we think, feel, act, handle stress, relate to others and make choices; and

WHEREAS, mental health is foundational to our wellness; it allows us to maintain relationships, take care of ourselves and our families, take care of our physical bodies, respond, and adapt to daily life changes, and make valuable contributions to our communities; and

WHEREAS, mental health is important at every stage of life, from childhood through adulthood, and can change over time depending on factors; and

WHEREAS, mental illness can affect anyone regardless of gender, race, ethnicity, religion, educational background, or economic status; and

WHEREAS, unfortunately, feelings of personal shame and fears of social stigma and discrimination, prevent many living with mental illness from seeking help; however, stigma can be reduced by increasing awareness of mental illness and of resources available for those suffering from mental health conditions;

NOW, THEREFORE, BE IT RESOLVED THAT we, the Board of County Commissioners for Boise County, this 7th day of May, 2024, do hereby proclaim the month of May 2024 as

MENTAL HEALTH AWARENESS MONTH

And we call upon the citizens, government agencies, public and private institutions, and schools in Boise County, to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

IN WITNESS WHEREOF, on this seventh day of May, two thousand and twenty-four.

BOISE COUNTY BOARD OF COMMISSIONERS

CLAY S. TUCKER, Chairman

ABSENT

STEVEN M. TWILEGAR, Commissioner

LINDY E. LINDSTROM, Commissioner



ATTEST

MARY T. PRISCO, Clerk to the Board